

# The Ignatian Weekend Retreat 2022- 2023

## If Today You Hear God's Voice

### SCHEDULE

#### Friday:

4:00–6:00 p.m.	Arrival, Check-In & Social Hour (Lobby/Lounge)
5:15–6:00	Sacrament of Reconciliation available*
6:30	Welcome & Opening Prayer (Main Chapel)
7:00	Dinner (Dining Room)
8:00	1 <sup>st</sup> invitation to prayer (Main Chapel)
8:30	Night Prayer – Examen (Main Chapel) ( <i>Grand Silence begins</i> )

#### Saturday:

8:00 a.m.	Mass (Main Chapel)
8:30	Breakfast (Dining Room)
9:30	2 <sup>nd</sup> Invitation to Prayer (Main Chapel)
10:00	Personal Prayer Time
11:00	Rosary (optional)*
11:00 – 12:30	Sacrament of Reconciliation or Spiritual Conversation (optional)*
12:30 p.m.	Lunch (Dining Room)
1:30	3 <sup>rd</sup> Invitation to Prayer (Main Chapel)
2:00	Personal Prayer Time
3:00 – 4:00	Sacrament of Reconciliation or Spiritual Conversation (optional)*
4:30 – 5:30	Exposition of the Blessed Sacrament (Main Chapel)
6:00	Dinner (Dining Room)
7:30	4 <sup>th</sup> Invitation to Prayer (Main Chapel)
8:00	Night Prayer – Guided Meditation (Main Chapel)

#### Sunday:

8:00 a.m.	Morning Prayer (Main Chapel)
8:30	Breakfast (Dining Room)
9:30	Ignatian Toolbox/Retreat Examen (Main Chapel)
10:00	Personal Prayer Time
10:30	Sharing of Graces & the Retreat Experience (Main Chapel)
	Retreat House News ( <i>Grand Silence Ends</i> )
11:45	Mass (Main Chapel)
12:30 p.m.	Lunch (Dining Room)
	Departure

\*Locations and sign-ups sheets are on the bulletin board in the entrance lobby.