

The Ignatian Weekend Retreat 2022- 2023

If Today You Hear God's Voice

SCHEDULE

Friday:

4:00–6:00 p.m.	Arrival, Check-In & Social Hour (Lobby/Lounge)
5:15–6:00	Sacrament of Reconciliation available*
6:30	Welcome & Opening Prayer (Main Chapel)
7:00	Dinner (Dining Room)
8:00	1 st invitation to prayer (Main Chapel)
8:30	Night Prayer – Examen (Main Chapel) (<i>Grand Silence begins</i>)

Saturday:

8:00 a.m.	Mass (Main Chapel)
8:30	Breakfast (Dining Room)
9:30	2 nd Invitation to Prayer (Main Chapel)
10:00	Personal Prayer Time
11:00	Rosary*
11:00 – 12:30	Sacrament of Reconciliation or Spiritual Conversation available*
12:30 p.m.	Lunch (Dining Room)
1:30	3 rd Invitation to Prayer (Main Chapel)
2:00	Personal Prayer Time
3:00 – 4:00	Sacrament of Reconciliation or Spiritual Conversation available*
4:30 – 5:30	Exposition of the Blessed Sacrament (Main Chapel)
6:00	Dinner (Dining Room)
7:30	4 th Invitation to Prayer (Main Chapel)
8:00	Night Prayer – Guided Meditation (Main Chapel)

Sunday:

8:00 a.m.	Morning Prayer (Main Chapel)
8:30	Breakfast (Dining Room)
9:30	Ignatian Toolbox/Retreat Examen (Main Chapel)
10:00	Personal Prayer Time
10:30	Sharing of Graces & the Retreat Experience (Main Chapel)
	Retreat House News (<i>Grand Silence Ends</i>)
11:45	Mass (Main Chapel)
12:30 p.m.	Lunch (Dining Room)
	Departure

All retreat activities are optional

*Locations and sign-ups sheets are on the bulletin board in the entrance lobby.